



# 2017 Healthcare Resource Guide

## – Mental Health and Substance Abuse Services –

Prepared by United Appeal for Athens County 2-1-1  
Call 2-1-1 or visit [www.211athenscounty.org](http://www.211athenscounty.org) for updates and additional resources!

It is the intent of this document to list only non-profit or government agencies that provide healthcare services.

**Hotlines** (See the separate Hotlines/Helplines Resource Guide for a larger list of hotlines and helplines)

<b>Athens County Children Services Crisis Line</b>	<i>as of 5.2015</i>	Mon-Fri: <b>740-592-3061</b> ; After hours: <b>877-547-3383</b>
<b>My Sister's Place Hotline</b>	<i>as of 12.2015</i>	24/7: <b>800-443-3402</b>
<b>National Suicide Prevention Lifeline</b>	<i>as of 12.2016</i>	24/7: <b>800-273-8255</b>
<b>OU Counseling &amp; Psychological Services Crisis Line</b>	<i>as of 2.2017</i>	Ohio University students – 24/7: <b>740-593-1616</b>

### Mental Health and Substance Abuse Services

**Alzheimer's Association** [www.alz.org/wv](http://www.alz.org/wv) *as of 12.2016* **304-865-6775**  
**The Athens Village, 94 Columbus Road, Athens, Ohio**

**Description:** Provides care consultation and literature for Alzheimer's patients and their caregivers. Help find available resources for specific needs. Hours: First and third Fri 9 am-1 pm

**Athens County Children Services** [www.athenschilchildrenservices.com](http://www.athenschilchildrenservices.com) *as of 5.2015* **740-592-3061; After Hours: 877-547-3383**  
**18 Stony Brook Drive, Athens, Ohio**

**Description:** Provides case management and counseling support for families who have finalized adoption and live in Athens County. Also provides school social workers to give counseling and support to children in Athens County schools. Most services are free. For information about these services, call or visit the website. Hours: Mon-Fri 8:30 am-4:30 pm

**Chillicothe VA Medical Center** *as of 2.2017* **800-358-8262 or 740-773-1141**  
**17273 State Route 104, Chillicothe, Ohio** [www.chillicothe.va.gov](http://www.chillicothe.va.gov)

**Athens Community-Based Outpatient Clinic,** 510 West Union Street, Athens, Ohio  
Office Hours: 8:00 am-4:30 pm [www.chillicothe.va.gov/locations/athens.asp](http://www.chillicothe.va.gov/locations/athens.asp) **740-593-7314**

**Description:** Provides mental health services to veterans including: mental health consultations, evaluations, and treatment. Fees vary; some services are free. Call for information about eligibility, intake requirements for veterans, and fees.

**The Gathering Place** *as of 12.2016* **740-594-7337**  
**7 North Congress Street, Athens, Ohio** [www.thegpathens.org](http://www.thegpathens.org)

**Description:** The Gathering Place provides a drop-in center that offers mental health support services to adults coping with mental illness. Must be an adult, 18 years or older, and must have a mental illness in order to utilize these free services. Call or walk-in for more information or to begin the enrollment process. Office Hours: Mon-Sat 10 am-8 pm, Sun 10 am-6 pm

**Health Recovery Services** [www.hrs.org](http://www.hrs.org) *as of 10.2016* **866-614-9588 or 740-592-6724**  
**224 Columbus Road, Athens, Ohio** Office Hours: Mon-Fri 8 am-4 pm

**Description:** Offers a variety of counseling and mental health programs including: adolescent counseling, substance abuse counseling, gambling counseling, chemical dependency treatment, and medical assisted treatment. Eligibility, intake requirements, and fees vary depending on the program. Call or visit the website for information about services, intake, eligibility, and fees. Also offers:

- **Basset House**, an intensive residential treatment for adolescents ages 13-18.
- **Rural Women's Recovery Program**, an intensive residential treatment for women ages 17 and older.

**Hopewell Health Centers** [www.hopewellhealth.org](http://www.hopewellhealth.org) *as of 3.2017*

**Description:** Hopewell Health Centers offer many health programs including, comprehensive healthcare for low-income families and comprehensive mental health care programs. These include: mental health day treatment programs and mental health evaluations. Cost of programs vary and most are based on a sliding scale. Accepts Medicaid. Contact insurance company to see if covered. For information on eligibility, intake, and fees for these programs or to learn about other



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### Hopewell Health Centers (continued)

programs that may be offered, please call.

**Athens Behavioral Health Care Clinic**, 90 Hospital Drive, Athens, Ohio **740-592-3091**  
Office Hours: Mon-Fri 9 am-5 pm, Operation: Mon & Wed 8 am-6 pm, Tue & Thu 8 am-7 pm, Fri 8 am-5 pm  
**Help Me Grow**, 5 Kenny Drive, Athens, Ohio **740-589-5132**  
Hours of Operation: Mon-Fri 8 am-4 pm  
**REACH Youth Partial Hospitalization**, 9 Kenny Drive, Athens, Ohio Hours: Mon-Fri 8 am-3:30 pm **740-589-5132**  
**Respite Adult Crisis Program**, Athens, Ohio Hours: Available 24 hrs by referral only **740-593-5164**

**Integrated Services for Behavioral Health** [www.integratedservice.org](http://www.integratedservice.org) *as of 3.2017* **740-594-6807**  
**11 Graham Drive, Athens, Ohio** Office Hours: Mon-Fri 8 am-5 pm; Service hours vary  
**Description:** Offers home-based, community, and office-based behavioral health services. Fees vary. Medicaid is accepted. Please call for information or to start the intake process.

**John W. Clem Recovery House** [www.clemhouse.org](http://www.clemhouse.org) *as of 3.2017* **740-593-3797**  
**8044 Dairy Lane, Athens, Ohio** Office Hours: Mon-Fri 8 am-5 pm  
**Description:** A 24-hour recovery house for adult men after chemical detoxification. Uses the 12-step program. Length of stay varies from a minimum of three months to more as determined by staff. Call or visit the website for information about services, intake, eligibility, and fees.

**My Sister's Place** [www.mspathens.org](http://www.mspathens.org) Services are 24/7; Hotline: **800-443-3402**  
**Description:** My Sister's Place offers free support and counseling for victims of physical, emotional, or sexual relationship abuse. Services offered include: 24/7 hotline, emergency shelter, outreach counseling, and court advocacy. Services are available to victims of domestic abuse/violence. Drivers License or State Identification Card will be requested at intake. Please call to access services or to receive information. *as of 12.2015*

**NAMI (National Alliance on Mental Illness)** *as of 12.2016* **740-593-7424**  
**100 Hospital Drive, Athens, Ohio** [www.namiathensohio.org](http://www.namiathensohio.org) Office Hours: Vary  
**Description:** Offers a variety of free courses, conferences, and monthly meetings to help educate individuals about mental illness or ways for people with mental illness to cope. Call for information about dates, times, and intake processes.

**Ohio University Counseling and Psychological Services** 24/7 Crisis Intervention Service: **740-593-1616**  
**Hudson Health Center, Third Floor, Athens, Ohio** [www.ohio.edu/counseling](http://www.ohio.edu/counseling) *as of 2.2017*  
**Description:** Provides counseling services for Ohio University students on topics including, individual and group counseling, body image and eating disorder counseling, and substance abuse treatment. These services are available to Ohio University students. Fees vary and are dependent on if the student is enrolled in the WellBeing plan. Please call for more information about eligibility and intake processes. Hours: Office Mon-Fri 8 am-5 pm; Drop-in Mon-Fri 9:45 am-3:15 pm

**Ohio University Psychology and Social Work Clinic** [www.ohio.edu/cas/psychology/community/](http://www.ohio.edu/cas/psychology/community/) **740-593-0902**  
**002 Porter Hall, Ohio University, Athens, Ohio** Hours: Mon-Fri 8 am-noon; Mon & Thu 1 pm-6 pm; Tue & Wed 1 pm-7 pm  
**Description:** Offers counseling for individuals, groups, families, and couples. Services are provided by graduate trainees under supervision of licensed faculty. Also, offers neuropsychological assessments and intelligence/ personality testing. Nominal fees for services. Please call for more information or to make an appointment. *as of 3.2016*

**OhioHealth Home Care** *as of 2.2017* **800-837-1112 or 740-331-7040**  
**444 West Union Street, Suite C, Athens, Ohio** <https://www.ohiohealth.com/appalachiancommunity/>  
**Description:** Provides free short-term grief counseling, education, and grief therapy referrals for individuals who are coping with the loss of a loved one. Steps Toward Healing is a grief support group that meets the second and fourth Tuesdays each



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### OhioHealth Home Care (continued)

month from 5:30 pm to 7 pm. There is no required documentation to utilize services. Call for information or to enroll in counseling. Office Hours: Mon-Fri 8 am-4:30 pm; Service hours vary

### Pregnancy Resource Center of Athens County [www.athenspregnancy.com](http://www.athenspregnancy.com) as of 7.2016 24/7 Helpline 800-712-4357

Hours: Mon & Wed 11 am-3 pm, Tue & Thu 3-7 pm, Fri 11 am-1 pm; Summer Hours: Tue & Thu 5-7 pm, Mon & Fri 11 am-1 pm

**Main Location: 43A South Court Street, Athens, Ohio 740-592-4700**

### Ohio University: 316 Baker University Center, Athens, Ohio

**Description:** Offers pregnancy peer counseling along with information for expectant parent, fertility awareness, and adoption, and counseling on services related to pregnancy. Free services available to pregnant women, men/fathers, and families. No documents are needed. Call for information about services or to make an appointment. Walk-ins are welcome.

### TASC of Southeast Ohio

as of 4.2016

740-594-2276

### 86 Columbus Road, Athens, Ohio

Office Hours: Mon-Fri 8 am-5 pm

**Description:** Offers AOD (alcohol and other drugs) treatment and counseling. These services include: individual counseling, family counseling, group counseling, etc. Fees vary and are based on a sliding scale. Services are available for individuals, or families of individuals, with substance abuse problems or suspected substance abuse problems. Involvement of a parent/guardian is mandatory for minors. Please call for more information or to arrange an initial screening for intake.

### Wellspring Retreat and Resource Center

### 525 Richland Avenue, Athens, Ohio

<http://wellspringretreat.org/>

as of 3.2017

740-589-5600

**Description:** Provides counseling, education, and support services for individuals who have been victims of abusive organizations (cults) or victims of abusive people. Accepts families and groups as clients. Also provides consultation for people concerned about an organizations' possible cult status/affiliation. Fees vary based on service. Check with insurance company for service coverage. Please call or visit the website for more information. Office Hours: Mon-Fri 10 am-4 pm